

# Kane County Senior Center

Kanab 172 E. 100 N. (435) 644-4321

Mon.-Thur. 8am-2pm

Orderville 417 US-89 (435) 648-2504

Mon. Wed. Thur. 8am-2pm



## November 2021



"As we express our gratitude, we must never forget that the highest appreciation is not to utter words  
BUT TO LIVE BY THEM" -John F. Kennedy

The Senior Center  
will be Closed  
No Delivery  
November  
11th Veterans Day  
&  
24-25th  
Happy Thanksgiving

We Have A Driver!!

St. George  
Shopping is back!  
November 9th  
Call to sign up  
or for more info!

TRIP TO  
PAGE, AZ  
NOVEMBER  
16TH  
CALL TO  
SIGN UP OR  
FOR MORE  
INFO!

St. George  
Thrift Store  
Shopping!  
November 30th  
Call for more info!

### Activities In Kanab

Exercise Room Open For Use Mon-Thur 8-2

TAI CHI: Monday & Wednesday 10am

Neighbor Day: Monday's 11am

BINGO: Monday 1st & 15th 12:30pm

Morning Exercise: Tuesday & Thursday 10am

Mah-Jong: Tuesday 1pm

Coloring/Painting: Tuesday 30th 11am

Card Making with Glenda: Wed, Nov. 3, 11am

Sewing Crafts By Polly: Wednesday 1-3pm

Local Shopping: Wednesday's 1pm

Games & Cards: Thursday 12:30pm

### Activities In Long Valley

Exercise Room Open For Use

Monday, Wednesday, & Thursday

Five County will  
be here to help  
with Medicare  
Open Enrollment  
Long Valley  
November 1st  
12-1:30 pm  
Kanab  
November 4th  
10:30-1pm

Call to schedule

gratitude

Lunch

60 + \$3.00

Local Shopping

60 + \$5.00

Out of Town

Trips / Shopping

60 + \$8.00

Suggested Donation

CARE & SHARE Thursday November 4th & 18th

(Kanab) 2pm-6pm (Long Valley) 4pm-6pm

Please bring your own Boxes, Bags or Totes

Like us on facebook to stay up to date on what is happening @ KANE COUNTY SENIOR CENTER  
Home Delivery Meals & Curbside Pick up is Monday, Wednesday, and Thursday.